

## Brain Organization Profiles Workshop

Whole-brain organization is actually a dynamic, continuously changing process. The whole human physiology (brain, eyes, ears, arms, etc.) reorganizes itself moment-by-moment to perform any specific task.

The Brain Organization Profile becomes a useful description of a person's experience of "How I learn." or "How I may behave when I am under undue pressure (either internal or external) to perform."

The Edu-K processes you learn in this workshop offer you the opportunity to access all your sensory channels for a more positive, healthy and integrated response to challenges like learning and performing.

The profiles described in this workshop are useful in clarifying learning blocks and suggesting possible integrative Brain Gym® activities that help to re-establish **an optimal learning profile**. The suggested Brain Gym® movements help to support the person's learning preference and facilitate full integrative processing for optimal learning even under stressful situations.

When integrated for whole-brain learning, people experience dramatic shifts in how they function. Continued use of Brain Gym® strengthens ability of the two hemispheres to ideally correlate left and right visual, auditory, tactile, and kinesthetic information.

**IMPORTANT:** Please do not judge any of the learning profiles.

**“Everyone has the capacity to learn and tends to learn in their own unique ways.”**

The Brain Organization Profiles Workshop can help you understand and change these (and other) experiences:

- Negative attitudes/Lack of motivation
- Frustration in learning
- Difficulty being “heard” by others
- Poor memory
- Reading difficulty
- Lazy eye
- Being “stuck” reading in the “Dick and Jane” mode
- Stuttering

Your Brain Organization Profile indicates your sensory and brain preferences and its implications for such activities as:

- Motivation
- Relating to people
- Sports skills
- Performance skills
- Counselling
- Other life activities
- Reading
- Math
- Writing
- Memory
- Creativity

## Barrett & Hyman Engagements Include:

- Summer Institute on Substance Abuse & Mental Health, Delaware, USA, 2002, 2003
- Mental Health/Addictions Conference of Ontario 2003
- Therapeutic Recreation Ontario 2002, 2003
- “Early Years” Conference of Ontario 2003
- Montessori Teachers of Toronto 2003
- Glenn Gould Professional School 2002
- Concerns Canada -Summer Institute for Addiction Studies 2000, 2002

## BRAIN GAMES

### SEE – SAY – MOVE

See the symbol, say the direction of the symbol and move your whole body in the direction of the symbol.



Did you say one direction but move another?

Did your eyes skip a symbol?

Did you hesitate to say the direction?

## ALPHABET

Change the focus of your perspective and find all the letters of the alphabet.

